RESOURCES to enhance quality of life, memory and communication

Resources to Communicate and Connect

By Kathryn Kilpatrick, M.A., CCC/SLP
Geriatric Communication Consultant, Memory Fitness Specialist and Speech-Language Pathologist

MEMORY FITNESS PROGRAM

Therapy Workbooks

BRAIN TEASERS

Caregiver Support

Visitation Ideas

Conversation and Reminiscence Starters

Intergenerational Activities

Health Care Professionals

Therapy workbooks for rehabilitation of speech and language disorders

DVD series for word and phrase practice along with oral exercises

Memory and brain fitness programs

Conversation starters on a variety of topics

Suggestions for caregiver support

Visitation ideas for those in long-term care

Families / Care Providers / Care Receivers

Suggestions for caregiver support

Visitation ideas for those in long-term care

Therapy workbooks and DVDs for home rehabilitation programs

Memory and brain fitness programs

Conversation starters and intergenerational activities

Senior Centers

Brain teasers

DVD Series

NONPROFIT ORG

US POSTAGE

PAID

PERMIT NO 437

AKRON OHIO
RESOURCES to enhance quality of life, memory and communication

Health Care Professionals
- Therapy workbooks for rehabilitation of speech and language disorders
- DVD series for word and phrase practice along with oral exercises
- Memory and brain fitness programs
- Conversation starters on a variety of topics
- Suggestions for caregiver support
- Visitation ideas for those in long-term care

Families / Care Providers / Care Receivers
- Suggestions for caregiver support
- Visitation ideas for those in long-term care
- Therapy workbooks and DVDs for home rehabilitation programs
- Memory and brain fitness programs
- Conversation starters and intergenerational activities

Activity Directors
- Brain games galore
- Cognitive activities
- Day-by-day memory fitness program
- Reminiscence and intergenerational activities
- Puzzles from simple to complex
- Activities for visual perception, numerical and verbal reasoning

Senior Centers
- Brain games and a template for a day-by-day memory fitness program
- Reminiscence and conversation starters
- Intergenerational activities

Boomers and Beyond
- Ideas for visiting loved ones in a nursing home
- Intergenerational activity ideas
- Memory fitness program and brain games
- Conversation starters when visiting older adults

About the Author
Kathryn Kilpatrick, M.A., a Speech-Language Pathologist with 40 years of experience in health care settings. Kathryn specializes in serving older adults and is the author of over 30 nationally-sold products. Kathryn started Communication Connection, a geriatric communication consultation service, in 2000. She is a motivational speaker, marketing consultant, and trainer whose programs and products focus on enhancing the quality of life of the older adult and supporting their families, friends and caregivers.


Order forms and sample pages are available at www.vnsa.com/CommunicationProducts

How to Order:
Print order form at www.vnsa.com/CommunicationProducts and mail to address indicated on the form; fax to 330-848-6201, or request a form by calling 1-800-362-0031, Ext. 6284.

Special Discount: 5% off Therapy Volumes 1 - 5 when you order 3 or more (must be different volumes).

Payment by check or credit card only.

Note: No PO Boxes allowed for items shipped by UPS. Allow 4 weeks for delivery.
WORKBOOKS AND DVDs
Sample pages at: www.vnsa.com/CommunicationProducts/TherapyMaterials.aspx

Therapy Guide for Language and Speech Disorders
English and Spanish Versions
Volume 1 — A selection of stimulus materials (490 pages - $50)
- Hundreds of worksheets organized by modality
- Progresses from simple to complex
- Large print
- Activities for:
  - Listening Comprehension
  - Language and Cognition
  - Writing
  - Word Communication Chart
- Reading Comprehension
- Sentence Comprehension
- General Knowledge
- Definitions

Volume 2 — Advanced stimulus materials (254 pages - $40)
- Higher level exercises and larger print
- Real life situations
- Activities for:
  - Word Retrieval
  - Sentence Formulation
  - Thought Organization
  - Number Skills
- Sentence Comprehension
- General Knowledge
- Definitions

Volume 3 (289 pages - $40)
- progresses from simple to complex
- Larger print
- Activities:
  - Fill in Missing Letters
  - Crossword Puzzles
- Hidden Words
- Wide variety of word games

Volume 4 — A linguistically-based cognitive retraining manual (398 pages - $50)
- Problem solving activities
- Progresses from simple to complex / answers provided
- Activities for:
  - Visual-Spatial Reasoning
  - Verbal Reasoning
  - Numerical Reasoning

Volume 5 — Reading comprehension materials (389 pages - $50)
- Large print exercises with an abundance of interesting stories
- Interesting and varied stories
- Progresses from simple to complex
- Activities for:
  - Word Comprehension
  - Following Directions
  - Short Stories (general and factual)
  - Lengthier Stories
  - Inference Stories
  - Stories in parts

DVD Series ($50 each, includes booklet for additional practice words. Additional booklet $8.50 each)
- Working with Words on Your Own — (80 minutes) includes oral exercises and simple word production.
- Working with More Words on Your Own — (75 minutes) includes oral exercises and practice with multi-syllable words and blend combinations.
- Working with Phrases on Your Own — (60 minutes) includes practice with phrases and functional situations (telephone, doctor, restaurant, shopping).

Putting the Pieces Together
Volume 4 — A linguistically-based cognitive retraining manual (398 pages - $50)
- Problem solving activities
- Progresses from simple to complex / answers provided
- Activities for:
  - Visual-Spatial Reasoning
  - Verbal Reasoning
  - Numerical Reasoning

Therapy Guide for Language and Speech Disorders
Volume 5 — Reading comprehension materials (389 pages - $50)
- Large print exercises with an abundance of interesting stories
- Interesting and varied stories
- Progresses from simple to complex
- Activities for:
  - Word Comprehension
  - Following Directions
  - Short Stories (general and factual)

Products with Activities to Enhance Person-Directed Care

INTERGENERATIONAL KIT ($30)
Specific ideas are provided with each product for families, friends, volunteers, activity professionals, and speech and language pathologists.

TIME WELL SPENT With the Older Adult
Life is about the small day-to-day things we do for and with others. Use these activity ideas, puzzles and word games related to all four seasons, entertainment, food, hobby and leisure, and friends and family to create special memories. Look for some fun activities that include interactions with younger children and older adults.

CONNECTING THE GENERATIONS: Your Story – My Story
Everyone has unique thoughts, opinions, and life experiences to share. Age does not matter! This book includes questions on a variety of topics for the young to ask the older person, and questions for the older person to ask the younger person. Whether you are looking for a way to start journaling a life story or want to know a person’s story to pass along to future generations, the wide variety of questions provide interesting possibilities.

BECAUSE YOU CARE ($15)
What to Do When You Do Not Know What to Do
Sample pages: www.vnsa.com/CommunicationProducts/Care.aspx
Life changing things happen all the time to people we care about. Caregivers may not know how to ask or are reluctant to receive help. Using this book as a resource, caregivers and care receivers have at their fingertips lists of ideas that might help a person going through a challenging time. Suggestions include ways to assist if you have just a little time, ideas for groups, or those with a special expertise to offer.

CONVERSATION STARTERS ACTIVITY KIT ($25)
Includes Sharing Stories. Ideas for a Better Visit (2) and So What Do You Think. Sample pages at: www.vnsa.com/CommunicationProducts/ConversationStartersActivityKit.aspx
SHARING STORIES...Recall – Go back in time
Enjoy 100 cards with words or questions that can prompt interesting conversations and reminiscence.

IDEAS FOR A BETTER VISIT
Tips on how to facilitate successful visits with residents of long-term care facilities. Topics range from what to do on a brief visit to communication ideas when hearing, vision, or memory difficulties are a concern. In addition, it offers conversation starters, gift ideas, and information about visiting with children. (2 copies included.)

SO WHAT DO YOU THINK... Talk...Talk...Talk
These 150 thought-provoking questions have a great variety of topics for the young to ask the older person, and questions for the older person to ask the younger person. Whether you are enjoying 100 cards with words or questions that can prompt interesting conversations and reminiscence.

MEMORY FITNESS TOOLKIT ($25)
Includes Walking the Path to Memory Fitness One Week at a Time and Brain Teasers. Sample pages: www.vnsa.com/CommunicationProducts/MemoryFitnessToolkit.aspx
WALKING THE PATH TO MEMORY FITNESS
If you have concerns about your memory or know someone who is experiencing memory loss, this 52-week program walks you through an overview of what impacts your ability to remember and suggestions to incorporate into your routine.

BRAIN TEASERS
Challenge your brain with an extensive variety of 100 different and interesting word games and activity recommendations. Learn how to upgrade your memory fitness routine.
WORKBOOKS AND DVDs
Sample pages at: www.vnsa.com/CommunicationProducts/TherapyMaterials.aspx

---

**Therapy Guide for Language and Speech Disorders**

*English and Spanish Versions*
Volume 1 — A selection of stimulus materials (490 pages - $50)
- Hundreds of worksheets organized by modality
- Progresses from simple to complex
- Large print
- Activities for:
  - Listening Comprehension
  - Language and Cognition
  - Writing
  - Word Communication Chart
- Reading Comprehension
- Speech Production
- Money, Time, Math

Volume 2 — Advanced stimulus materials (254 pages - $40)
- Higher level exercises and larger print
- Real life situations
- Activities for:
  - Word Retrieval
  - Sentence Formulation
  - Thought Organization
  - Number Skills
- Sentence Comprehension
- General Knowledge
- Definitions

Volume 3 (289 pages - $40)
- Progresses from simple to complex
- Larger print
- Activities:
  - Fill in Missing Letters
  - Crossword Puzzles
- Hidden Words
- Wide variety of word games

Volume 4 — A linguistically-based cognitive retraining manual (389 pages - $50)
- Problem solving activities
- Progresses from simple to complex / answers provided
- Activities for:
  - Visual-Spatial Reasoning
  - Verbal Reasoning
  - Numerical Reasoning

Volume 5 — Reading comprehension materials (389 pages - $50)
- Large print exercises with an abundance of interesting stories
- Higher level exercises and larger print
- Activities:
  - Real life situations
  - Lengthier Stories
  - Word Comprehension
  - Sentence Formulation
  - Short Stories (general and factual)
  - Stories in parts

**DVD Series** ($50 each, includes booklet for additional practice words. Additional booklets $8.50 each)
- Working with Words on Your Own — (80 minutes) includes oral exercises and simple word production.
- Working with More Words on Your Own — (75 minutes) includes oral exercises and practice with multi-syllable words and blend combinations.
- Working with Phrases on Your Own — (60 minutes) includes practice with phrases and functional situations (telephone, doctor, restaurant, shopping).

---

**PRODUCTS WITH ACTIVITIES TO ENHANCE PERSON-DIRECTED CARE**

**INTERGENERATIONAL KIT** ($30)
Includes Time Well Spent and Connecting the Generations:
*Your Story – My Story.* Sample pages at: www.vnsa.com/CommunicationProducts/IntergenerationalKit.aspx
Specific ideas are provided with each product for families, friends, volunteers, activity professionals, and speech and language pathologists.

**TIME WELL SPENT With the Older Adult**
Life is about the small day-to-day things we do for and with others. Use these activity ideas, puzzles and word games related to all four seasons, entertainment, food, hobby and leisure, and friends and family to create special memories. Look for some fun activities that include interactions with younger children and older adults.

**CONNECTING THE GENERATIONS: Your Story – My Story**
Everyone has unique thoughts, opinions, and life experiences to share. Age does not matter! This book includes questions on a variety of topics for the young to ask the older person, and questions for the older person to ask the younger person. Whether you are looking for a way to start journaling a life story or want to know a person’s story to pass along to future generations, the wide variety of questions provide interesting possibilities.

**BECAUSE YOU CARE** ($15)
*What to Do When You Do Not Know What to Do*
Sample pages: www.vnsa.com/CommunicationProducts/Care.aspx
Life changing things happen all the time to people we care about. Caregivers may not know how to ask or are reluctant to receive help. Using this book as a resource, caregivers and care receivers have at their fingertips lists of ideas that might help a person going through a challenging time. Suggestions include ways to assist if you have just a little time, ideas for groups, or those with a special expertise to offer.

**CONVERSATION STARTERS ACTIVITY KIT** ($25)
Includes Sharing Stories. Ideas for a Better Visit (2) and So What Do You Think. Sample pages at: www.vnsa.com/CommunicationProducts/ConversationStartersActivityKit.aspx

**SHARING STORIES...Recall – Go back in time**
Enjoy 100 cards with words or questions that can prompt interesting conversations and reminiscence.

**IDEAS FOR A BETTER VISIT**
Tips on how to facilitate successful visits with residents of long-term care facilities. Topics range from what to do on a brief visit to communication ideas when hearing, vision, or memory difficulties are a concern. In addition, it offers conversation starters, gift ideas, and information about visiting with children. (2 copies included.)

**SO WHAT DO YOU THINK...Talk...Talk...Talk**
These 150 thought-provoking questions have a great variety of topics to engage people of all ages. Choose from three options per card. You will learn more about each other as well as yourself.

**MEMORY FITNESS TOOLKIT** ($25)
Includes Walking the Path to Memory Fitness One Week at a Time and Brain Teasers. Sample pages: www.vnsa.com/CommunicationProducts/MemoryFitnessToolkit.aspx

**WALKING THE PATH TO MEMORY FITNESS**
If you have concerns about your memory or know someone who is experiencing memory loss, this 52-week program walks you through an overview of what impacts your ability to remember and suggestions to incorporate into your routine.

**BRAIN TEASERS**
Challenge your brain with an extensive variety of 100 different and interesting word games and activity recommendations. Learn how to upgrade your memory fitness routine.
**ORDER FORM**  
Effective Through 12/31/11

### Name/Delivery Information

Name/Organization ____________________________________________

Address ________________________________ State ___________ Zip ____________

City ___________________________ State ___________ Zip ____________

Telephone (_______) ___________________________ Extension ________ Fax (_______) ___________________________

### Therapy Workbooks

- Therapy Guide Volume 1 **English** $50.00
- Therapy Guide Volume 1 **Spanish** $50.00
- Therapy Guide Volume 2 $40.00
- Therapy Guide Volume 3 $40.00
- Putting the Pieces Together Volume 4 $50.00
- Therapy Guide Volume 5 $50.00

*Discount - 5% off total price of above items only (must be 3 different products)  
**Subtotal**

### DVDs & Booklet

- DVD & Booklet — Working With Words On Your Own $50.00
- Booklet Only $8.50
- DVD & Booklet — Working With More Words On Your Own $50.00
- Booklet Only $8.50
- DVD & Booklet — Working With Phrases On Your Own $50.00
- Booklet Only $8.50

### Other Materials

- Intergenerational Kit $30.00
- Conversation Starters Activity Kit $25.00
- Memory Fitness Toolkit $25.00
- Because You Care $15.00

**Product Subtotal (Before Discount)**

### Postage/Handling & Sales Tax (Calculated Before Discount)

Tax Exempt Number (if applicable) ___________________________ 6.5% Sales Tax (Ohio Residents Only) ___________________________

<table>
<thead>
<tr>
<th>United States</th>
<th>AK, PR &amp; Canada</th>
</tr>
</thead>
<tbody>
<tr>
<td>Postage Minimum: $10.00</td>
<td>Postage Minimum: $14.00</td>
</tr>
<tr>
<td>Subtotal $75-$200: 14%</td>
<td>Subtotal $89-$200: 18%</td>
</tr>
<tr>
<td>Subtotal Over $200: 12%</td>
<td>Subtotal Over $200: 16%</td>
</tr>
</tbody>
</table>

Shipping *Less Discount from above **TOTAL**

Shipping in continental US: Shipped via UPS — No P.O. Box Numbers — Allow 4 weeks

Shipping outside continental US: Shipped via mail (book rate) — Allow 8 weeks

**PAYMENT:**  
☐ Check**  ☐ Visa  ☐ Master Card  ☐ Discover  ☐ American Express

*Full payment or complete charge card information must accompany personal orders. All charge cards subject to authorization/verification.

**There will be a $35 fee for checks returned unpaid by the bank for Non-Sufficient Funds.

Account No. ___________________________ Exp. Date ___________ 3 or 4-Digit Code ___________

Signature ___________________________

Billing Address (if different from mailing address) ___________________________

___

**Return completed order form to:** Visiting Nurse Service and Affiliates  
Attention: Speech Book Order Dept. • #1 Home Care Place • Akron, OH 44320  
Tel: 1-800-362-0031, Ext. 6284 • Fax: 330-848-6201

**For additional order forms visit:** [www.vnsa.com/speech.htm](http://www.vnsa.com/speech.htm)